

Laban B'khayar *Yogurt Salad*

1 Tbsp Dried Mint Flakes, finely chopped
1 Cup Cucumber, diced 1/4 inch
1 Clove Garlic, crushed with salt

2 Cup yogurt
1/2 Tsp Salt

Crush the garlic with the salt in a mortar and pestle

Add the dry mint to the garlic mixture

Peel and dice the cucumbers

Combine the garlic mixture and cucumber and toss

Add the yogurt and mix.

But do not over mix, or it can water down the yogurt

ENJOY!



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